



NS LIFE GROUPS

60 Seconds (Week 1)

2 Corinthians 5:1-10

January 26, 2020

Main Idea: What we believe about eternity determines how we live today!

Icebreaker: Have you ever had a near-death experience? If so, what happened? How did that affect how you viewed and lived your life moving forward?

Study:

When we die, we don't cease to exist. Everyone lives forever somewhere. **Read 2 Corinthians 5:1-10** and use the following points and questions to discuss this week's sermon.

Three Things That Happen to Us When Life Ends:

1. Our physical bodies die.

- How often do you think about the fact you will die one day?

2. Our souls separate from our bodies. (2 Corinthians 5:8) If we're saved, our souls will go to heaven to be with God while our bodies await the final resurrection when God makes the New Heavens and the New Earth.

- How is this similar to or different from your view of life after death up to this point?

3. We will all face judgment. We'll face the judgment described in **Revelation 20:11-15** to determine between the lost and the saved. We'll also face the judgment seat of Christ as described in **2 Corinthians 5:10** to be rewarded for good works done in this life. *(Remember: We are saved from sins by grace through faith in Jesus, not by our works. However, we do receive eternal rewards for obedience.)*

- How could confusion about these two different judgments affect how you live today? *(Believing you must work to earn your salvation and God's forgiveness rather than it being a gift of God's grace means you would live a life of legalism always trying to earn God's forgiveness and never knowing if you've done enough. On the flipside, if we don't believe in rewards for obedience, we might underemphasize the importance of how we live and just think we can coast through life since we've already been forgiven.)*

Application:

1. Why does what we believe about what happens 60 seconds after death matter so much for how we live today?
2. How do you need to live differently in light of the fact you will die one day?
3. What is one step of obedience you need to take or one change in your thinking you need to make in response to our study today?

Close your group time with intentional prayer for each other and for our church. Pray that God would help us consider our limited time on this earth and live in light of eternity.